## **SRIMADBHAGAVADGITA**

Summary on
Eighteenth Chapter
by
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## **SUMMARY (EIGHTEENTH CHAPTER)**

Note:

- 1. Portions in brackets are supplied ideas.
- 2. Numbers in brackets indicate the verses.

Lord Kṛṣṇa dealt with Self-knowledge in the XIII, XIV, and XV chapters. In the XVI and XVII chapters were discussed the values without which the mind will not be fit enough to receive the knowledge of the Self. With this, the Lord has exhaustively dealt with all the aspects of vedantic teaching.

In such a situation, Arjuna puts his last question to Krsna seeking to clarify the difference between  $sanny\bar{a}sa$  and  $ty\bar{a}ga$ . Now begins the XVIII chapter answering Arjuna's question.  $Bhagav\bar{a}n$  takes this opportunity to sum up His entire teaching which has been spread over the last sixteen chapters.

The chapter begins with Arjuna's question — "Oh Lord! I desire to know the true nature of sannyāsa and tyāga distinctly"(1). Kṛṣṇa replies by citing the views of some people (2, 3). The Lord gives his verdict from the 4th verse onwards. Bhagavān does not differentiate sannyāsa and tyāga. (This indicates that they are not different according to the Lord.) Kṛṣṇa empasizes the importance of obligatory rites (nityakarma) like yajña, dāna, and tapas, and asserts that they should never be given up (5,6) (We should note that this advice is given to people with impurity. Śāstras allow a person with purity to renounce nityakarma also). In the next three verses, the Lord divides renunciation into three types — tamasic, rajasic, and sattvic. (For details see the chart)

In the following verses,  $Bhagav\bar{a}n$  glorifies sattvic renunciation. (In fact, sattvic renunciation is nothing but karmayoga.) A  $karmayog\bar{a}$  renounces all the results of action. In due course he gets Self-knowledge. He is not affected by the consequences whether they are good, evil, or a mixture of both (10 to 12).

	Sattvic	Rajasic	Tamasic
nu)	Sannyāsa Renuniation of (Renunciation) results of nityakarmas.	Renunciation of <i>nithyakarmas</i> Renunciation of due to fear of bodily strain.  (8) ignorance of the	Renunciation of <i>nithyakarmas</i> due to the ignorance of their value. (7)
<i>Jñānam</i> (Knowledge)	That by which one sees the undivided Self in and through all the beings. (20)	That because of which one takes the Self to be distinct in every being. (21)	That because of which one takes the body as the Self. (22)
	Duty performed without attachment and expectations. (23)	Action done with egoism for the sake of results. (24)	Indiscriminate action done without considering the consequences. (25)
	One who is detached, perseverant, enthusiastic, unassurring, and calm in success and failure. (26)	One who is attached, greedy, harmful, and subject to elation and depression.	One who is undisciplined, uncultured, arrogant, harmful dull, and procrastinating. (28)

Topic	Sattvic	Rajasic	Tamasic
5. Buddhi (Intellect)	That which knows dharma, right and wrong as well the bondage and liberation. (30)	That which improperly knows <i>dharma</i> , as well as right and wrong.	That which knows <i>dharma</i> , adharma, etc., perversely.
6. <i>Dhṛti</i> (Will)	That by which one sustains the functions of all organs in the spiritual path and which is made unswerving through <i>yoga</i> . (33)	That by which one pursues dharma, artha, and kama craving for their benefits.  (34)	That by which one does not give up sleep, fear, grief, and indulgence. (35)
7. Sukham (Happiness)	That which is like poison in the beginning, like nectar in the end, and which is born of Self-knowledge. (37)	That which is like That which is like nectar in poison in the beginning, the beginning, like poison in like nectar in the end, the end, and which is born of contact between sense organs Self-knowledge. (37) and objects. (38)	That which deludes the mind in the beginning and in the end, and which is born of indolence, and negligence. (39)

From the 13th to the 17th verse, Krsna gives a gist of  $j\bar{n}\bar{a}nayoga$ . Five factors are involved in every action — the body,  $pr\bar{a}na$ , the mind with sense organs, the ego, and the presiding divinity of all these. (In short, they are the four  $kos\bar{a}s$  and the presiding divinity) (13, 14). All actions, good or evil, are accomplished through these five factors only (15). The Self is not involved in any action. But, due to identification with the above factors, one mistakes oneself to be a doer (16). On the other hand, the wiseman, who does not have the false 'I'  $(ahanh\bar{a}ra)$  born of identification, is free from all karmas in spite of the activities of his equipments. He is neither a doer, nor an enjoyer (17).

Taking a diversion,  $Bhagav\bar{a}n$  introduces six factors necessary for any  $vyavah\bar{a}ra$  (transaction). They are — knower, knowledge, known, doer, action, and the instrument of action (18). Of these six factors, Krsna takes up three (knowledge, action, and doer) for further division based on three gunas (19). Later, the Lord divides the intellect and will also on the same basis (29). Finally, Krsna talks about three types of happiness (36). (For details see the chart).

Krsna concludes this topic by pointing out that there is nothing in the creation which is free from these three gunas (40).

With an intention to sum up the entire  $G\bar{i}t\bar{a}$ -teaching,  $Bhagav\bar{a}n$  gives the essence of karmayoga (41 to 49) and  $j\bar{n}\bar{a}nayoga$  (50 to 55) in the following section.

The duties of the four varnas ( $br\bar{a}hmanas$ , ksatriyas, vaisyas, and  $s\bar{u}dras$ ) are prescribed in the scriptures based on their nature (41 to 44). Karmayoga is the performance of one's own duty as an offering to the Lord. This renders the mind fit for knowledge (45, 46). Here, Krsna makes it a point to emphasize the importance of svadharma (duty). It is necessary not only for the sake of purity but for the sake of social harmony also. Shirking one's duty can only lead to total confusion (47, 48). The purified seeker, who is detached and self-controlled, will soon attain liberation through  $j\bar{n}anayoga$  (40).

Now the Lord introduces  $j\bar{n}\bar{a}nayoga$  and gives a brief outline of meditation i.e.  $nididhy\bar{a}sanam$  (which is necessary to assimilate the knowledge gained through  $\acute{s}ravanam$  and mananam). Having restrained all organs and having given up all disturbing thoughts like desire, anger etc., one should remain in a secluded place (51 to 53). Being firmly established in his Brahman-nature, he becomes free from grief and desire. Being the same to all beings, he enjoys the highest devotion towards the Lord (54). Having known the Lord in His true nature, he becomes one with Him (55). (Becoming one is nothing but dropping the notion of division).

In the following verses (56 to 63) Krsna comes back to karmayoga, emphazing the aspect of devotion i.e. the attitude of surrender. Constantly remembering the Lord, if one dedicates all his actions to Him, that devotee attains the Lord ultimately by effortlessly crossing over all obstacles (56 to 58). On the other hand, if one tries to evade his duty, which is based on his nature, it will be in vain and harmful (58 to 60). Hence, surrendering to the Lord of the heart, the controller of all, a devotee should strive to attain supreme peace by His grace (61 to 62). With this, Bhagavān concludes the teaching and directs Arjuna to do whatever he likes (63). But, the affection towards Arjuna overpowers Krsna once again (64). Hence, the Lord repeats His teaching emphatically one again — "Fix the mind on Me. (Be) My devotee. (Be) My worshipper. Surrender to Me. You shall reach Me alone. Truly do I promise to you. You are dear to Me. Having renounced all actions, seek Me, the nondual, (as your) shelter. I shall liberate you from all sins. Do not grieve" (65, 66). (These two verses are presenting karmayoga and jñānayoga in capsule-form.)

Having thus concluded the teaching, the Lord states the qualifications necessary to receive this. One who has no faith, discipline, devotion, and desire to know should not be given this knowledge (67).

Now comes the *phalam*. One who imparts and the one who receives this wisdom attain the Lord Himself (68 to 70). Even the one who merely hears this with faith attains higher worlds (71).

Being satisfied with the teaching, *Kṛṣṇa* asks *Arjuna* whether his delusion is gone. *Arjuna* gratefully acknowledges, promising to abide by the Lord's teaching (72, 73).

Now  $Sa\tilde{n}jaya$  addresses  $Dhrtar\bar{a}stra$ , exclaiming how blessed he was to listen to this glorious dialogue between the Lord and Arjuna (74, 75).  $Sa\tilde{n}jaya$  remembers the whole dialogue and the cosmic vision with thrill (76, 77). He concludes his remarks with the declaration — "Where there is Krsna, the Lord of yoga, and where there is Arjuna, the wielder of the bow, there will be permanent wealth, victory, prosperity, and justice" (78).

## The topics of this chapter are:

1. Sannyāsa and tyāga1 to 12
2. Jñānayoga 13 to 17
3. Three types of knowledge, action, doer,
intellect, will, and happiness 18 to 40
4. Karmayoga (emphasising svadharma) 41 to 49
5. Jñānayoga (emphasising meditation) 50 to 55
6. Karmayoga (emphasising devotion) 56 to 62
7. Final summary
8. Lord's concluding remarks 67 to 73
9. Sañjaya's concluding remarks
Since the chapter begins with Sannyāsa which is the

means of liberation, it is called Mokṣasannyāsa-yoga.